

2023



Hawthorn Community &
Youth Club

Annual Report



8 November 2023



241 Auburn Road, Hawthorn 3122

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PRESIDENT REPORT

After a tumultuous and “unprecedented” couple of years, 2023 has seen an exciting return to normal activities within the club. Activities have enjoyed reconnecting socially and have had a return to regular competitions and performances.

Throughout 2023, there have been many successes in sporting ventures and onstage, as well as personal development and achievements from those not in competitive activities. A few stand outs to congratulate:

- Amy Marinov from the Calisthenics Section was selected to represent Victoria at the Calisthenics Nationals in both the Senior team and as a soloist. Amy was also awarded her Calisthenic Gold Medal with Honours (the highest achievement possible in Calisthenics) – all huge highlights of her Calisthenics career.
- Judo's Michelle Matthews and Rodney officiated at the Judo Australia Nationals.
- Weightlifter Sean Erb was invited to compete in the Pacific Elite International Weightlifting Tournament and was the best performing Victorian male.
- The Club would also like to congratulate Life Member Sam Coffa for receiving a Lifetime Achievement Award at a presentation evening in September. Nominated by HCYC, Sam received this award for the significant impact he has had on the development of a sports club in the City of Boroondara for over 25 years. This is recognition of many years of tireless volunteer work to provide sporting avenues for the local community and we are honoured and grateful to have Sam still involved with the Club.



Congratulations must also go to all of the award winners for this year. Your enthusiasm and commitment to your endeavours within your activity is to be commended.

The Trivia Night returned in June 2023, and was a huge success! It was fantastic to be able to come together as a whole Club again - we had over 100 people attend, with lots of fun had by all. Thanks to all who made donations, organised for donations and/or prizes and those who helped in the lead up to the night. We raised close to \$3,000 – a mighty achievement! A particular thank you to Iolanda Coffa and Katherine Weatherhead for their countless hours of organisation and time put into ensuring the night was a success, as well as Kathleen Corless and Melanie Hattotuwa for their support.



On the back of the Trivia Night, HCYC also manned a Bunnings BBQ at Hawthorn Bunnings in July. This fundraiser was also hugely successful, with \$2,400 raised. Thanks to the activities for their donations and to the volunteers who came along and helped on the day.

During the year HCYC applied for a grant to install permanent Ballet Barres which unfortunately was unsuccessful. Thankfully, due to an increase in hall hire by external organisations, the Club was able to fund the installation of the barres. These have been a fabulous addition to the hall and have been used by a variety of ages across multiple activities. The Club also purchased a television, which has been utilised by the performance activities to gain visual feedback for future performances and competitions.

Of course, none of this year would be possible without the enthusiasm and dedication of our Activity Managers, Coaches/Teachers, and Assistants. We thank them for all their tireless work in providing an avenue for members to pursue their interests.

Importantly, on behalf of the committee and members, I would like to sincerely thank the Council of the City of Boroondara for their continued support. We are so grateful for their involvement with HCYC to help provide our activities to the local community. To Iolanda Coffa and Katherine Weatherhead – we are so blessed to have such dedicated volunteers working behind the scenes on so many hands-on and administrative tasks for the Club, whilst also managing their own activities. From ensuring our Child Safe Policies are up to date, website upgrades, corresponding with external agencies and council, this is a huge amount of work, and we are very appreciative.

Lastly, a very big thank you to all on the committee this year. I wish the incoming committee all the very best for 2024.

Rebecca Mitchell – President

FINANCIAL REPORT



HAWTHORN COMMUNITY & YOUTH CLUB Inc.

Financial Statements

**For the year ended
30th June 2023**

HAWTHORN COMMUNITY & YOUTH CLUB Inc.

STATEMENT OF FINANCIAL PERFORMANCE

FOR YEAR ENDED 30TH JUNE 2023

Receipts	2023		2022	
Grants	\$19,200.00		\$ 18,870.00	
City of Boroondara		\$19,200.00		\$ 18,870.00
Donations				
Lisa Kendall	\$86.36		\$35.00	
Mind Over Mattress	\$40.91		\$176.00	
Sam Coffa (Specified to WL)	-		\$ 50.00	
		\$127.27		\$ 261.00
Contributions				
Badminton Section	\$4,954.75		\$ 23,277.49	
Weightlifting Section	-		\$ 5,948.61	
Contemporary Dance	\$363.64		-	
MOM	\$95.45		-	
		\$5,413.84		\$ 29,226.10
Facility Hire				
Skills Vic	\$1,634.09		\$ 565.00	
Ezlimar Dortolina	\$119.32		\$ 731.83	
Calisthenic Vic	\$4,000.23		\$ 52.50	
Australian Electoral Comm.	\$363.64		\$ 363.64	
ASCA	\$95.45			
		\$6,212.73		\$1,712.97
Fund Raising				
Trivia Night	\$2,711.64		-	
Other	\$39.09		\$18.00	
		\$2,750.73		\$18.00
Membership				
Badminton Section	-		-	
Calisthenic Section	\$730.00		\$ 770.00	
Chinese Dancing Section	\$630.00		\$ 760.01	
Contemporary Dancing	\$1,510.00		\$1,420.00	
Section	\$130.00		\$130.00	
Judo Section	\$220.00		-	
Mind Over Mattress	\$940.00		\$ 540.00	
Weightlifting Section		\$4,160.00		\$ 3,620.01
Other Revenue	\$9,725.00		\$7,471.34	

ATO GST Refunds	-		\$150.00	
Weightlifting Specified Fees	-		\$958.19	
Refund – Air Purifier	-		\$2,515.83	
GST Collected	\$108.88		\$252.20	
Interest on Investments		\$9,833.88		\$11,347.56
		\$47,698.45		\$65,055.64
<i>TOTAL REVENUE</i>				
Expenditure				
General Expenses				
Expenses Funded via City of Boroondara Grant*	\$6,772.78*		\$ 5,855.56*	
Insurance	\$10,660.05*		\$12,750.53*	
Cleaning	\$1,890.54*		\$ 1,689.99*	
Electricity	\$1,592.07*		\$ 1,015.86*	
Gas		\$20,915.44		\$21,311.94
			\$ 289.46	
Water	\$733.73		\$1,079.73	
Telephone & Internet	\$1,987.85		\$230.91	
Postage and PO Box	\$139.09		\$150.28	
Stationery	\$244.92		\$ 480.00	
Printing	\$589.03		\$101.32	
Rent and Rates	\$209.57		\$1,881.56	
Repair & Maintenance	\$818.19		\$2,404.39	
Internet/Computer	-		-	
Office & Equipment	\$369.57		\$798.25	
Fees & Affiliations	-		\$5,594.57	
Equipment	-		\$7,557.50	
Sports Accessories	-		\$98.11	
Awards	\$64.00		\$382.50	
Specified Fees (W/L)	-		\$850.00	
Consulting and Accounting	\$1,530.94		-	
Bank Fees	\$7.50	\$6,694.39		\$ 21,898.58
Allowances			\$ 800.00	
Hon. Secretary	\$ 800.00		\$ 600.00	
Hon. Treasurer	\$ 600.00		\$ 200.00	
Membership Secretary	\$ 200.00		\$1,400.00	
	\$ 800.00			

Activity Managers (7x200)	\$ 600.00		\$ 600.00	
Calisthenic Coaches (2)	-		\$ 600.00	
Badminton Coaches (2)	-		\$ 300.00	
Weightlifting Coaches	-		\$ 800.00	
Badminton Affiliation Contrib		\$3,000.00		\$5,300.00
Facility Hire	\$4,704.75		\$ 11,516.64	
Central Badminton Association	-		\$ 1,846.37	
Melb Aquatic Sports Centre		\$4,704.75		\$13,363.01
GST Activities Refunds			\$ 1,961.00	
Badminton	\$5,322.29		\$ 2,414.00	
Calisthenics	\$3,622.53		\$ 82.00	
Chinese Dancing	\$50.00		\$ 310.00	
Contemporary Dancing	-		\$ 29.00	
Judo	-		-	
Mind Over Mattress	-		\$ 2,286.02	
Weightlifting	-	\$8,994.82		\$7,082.02
			\$ 428.00	
ATO Refunds	-			\$428.00
				\$5,603.36
GST Paid		\$176.00		\$145.00
Depreciation		\$44,485.40		\$75,331.91
<i>Total Expenditure</i>		<u>\$ 3,213.05</u>		<u>\$ (10,276.27)</u>
Surplus (Loss) for year				

HAWTHORN COMMUNITY & YOUTH CLUB Inc.

CASH FLOW

AS AT 30th JUNE 2023

CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
Receipts from grants, members fees, donations, contributions etc	\$47,589.57	\$ 64,803.44
Interest Received	\$108.88	\$ 252.20
Payments to suppliers and Honoraria	\$47,807.33	\$ 75,186.91
Net Cash provided by (used in) operating activities	\$(719.68)	\$(10,131.27)
Net increase (decrease) in cash held	-	-
Cash at beginning of the Year	<u>\$50,931.46</u>	<u>\$ 61,062.73</u>
Cash at the end of the Year	<u>\$50,211.78</u>	<u>\$ 50,931.46</u>

HAWTHORN COMMUNITY & YOUTH CLUB Inc.

STATEMENT OF FINANCIAL POSITION

AS AT 30th JUNE 2023

	2023	2022
Members Funds		
Opening Balance	\$52,674.46	\$ 62,950.73
Surplus (Loss) for year	\$3,213.05	\$(10,276.27)
TOTAL FUNDS	\$55,887.51	\$ 52,674.46
Represented by:		
Current Assets		
Cash at Bank	\$24,440.83	\$ 12,576.34
Term Deposit	\$25,770.95	\$ 38,355.12
Accounts Receivable	\$457.50	-
	\$50,669.28	\$ 50,931.46
Non-Current Assets		

Plant & Equipment at Cost	\$25,793.54	\$ 21,969.00
Less Accumulated Depreciation	\$20,402.00	\$ 20,226.00
	\$5,391.54	\$ 1,743.00
Total Assets	\$56,060.82	\$52,674.46
Current Liabilities	\$173.31	-
GST Owing		
NET ASSETS	\$ 55,887.51	\$ 52,674.46

HAWTHORN COMMUNITY & YOUTH CLUB Inc.
PROPERTY, PLANT AND EQUIPMENT
AS AT 30th JUNE 2023

	2023	2022
Cost		
Balance at 1st July 2022		\$ 21,969.00
Additions	\$21,969.00	-
Disposals	\$3,824.54	-
	-	-
Balance at 30th June 2023	\$25,793.54	\$ 21,969.00
Accumulated Depreciation		
Balance at 1st July 2022		\$ 20,081.00
Depreciation	\$20,226.00	\$ 145.00
Disposals	\$176.00	\$ -
		-
Balance at 30 June 2023	\$20,402.00	\$20,226.00

HAWTHORN COMMUNITY & YOUTH CLUB Inc..

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30TH JUNE 2023**

Note 1: Statement of Significant Accounting Policies

This financial report is a special purpose financial report prepared in order to satisfy the financial report preparation requirements of the Constitution of the Club and the Associations Incorporation Reform Act 2012 to prepare a financial report. The Committee has determined that the Club is not a reporting entity.

The report has been prepared in accordance with applicable Australian Accounting Standards, but not Australian equivalents to International Financial Reporting Standards.

The accrual and going concern bases of accounting have been adopted.

The financial report has been prepared in accordance with the following Accounting Standards:-

AAS 5: Materiality

AAS 8: Events Occurring After Reporting Date

No other Accounting Standards, Urgent Issues Group Consensus Views or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report is also prepared on a modified accruals basis and is based on historic costs and does not take into account changing money values, or except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

(a) Income Tax

No provision for income tax has been included, because the association is exempt from paying income tax under Division 50 of the Income Tax Assessment Act 1997.

(b) Goods and Services Tax (GST)

The club charges GST on most services, including membership fees.

It claims reimbursements for GST paid on goods and services rendered to it and to affiliated sections. Ultimately that GST collected and Australian Taxation Office refunds are distributed back to the relevant affiliated section. This process is accounted for on a cash basis, which will result in GST refunds not being received in the same period the GST was paid.

(c) Fixed Assets

The depreciable amount of all fixed assets are depreciated over the useful lives of the assets, commencing from the time the asset is held ready for use, provided the club in its own capacity has direct control of the asset. Equipment which is acquired in connection with a specific grant are expensed in the period of the grant.

When the assets is no longer in use or held in reserve, it is scrapped.

(d) Cash

Cash includes cash on hand and at banks, including term deposits with banks.

(e) These reports reflect transactions in the main operating account of the club, but do not incorporate transactions at the section level. Therefore, there may be further activities not reflected in these reports.

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF

HAWTHORN COMMUNITY & YOUTH CLUB Inc.

Scope

I have audited the attached financial report, being a special purpose financial report of Hawthorn Citizens Youth Club Inc. for the financial year ended 30th June 2023 comprising the Statement of Members of the Committee, Statement of Financial Performance, Statement of Financial Position, Cash Flow Statement and Notes to the financial statements. The committee is responsible for the financial report and have determined that the accounting policies used are described in Note 1 to the financial statements are appropriate to meet the needs of the members. I have conducted an independent audit of this financial report in order to express an opinion on it to the committee. No opinion is expressed as to whether the accounting policies used and described in Note 1, are appropriate to the needs of the members.

The financial report has been prepared for distribution to the members for the purpose of fulfilling the committee's financial reporting requirements under the constitution. I disclaim any assumption of responsibility for any reliance on this audit report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

My audit has been conducted in accordance with Australian Auditing Standards. My procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report and significant accounting estimates. These procedures have been undertaken to form an opinion whether in all material respects, the financial report is presented fairly in accordance with the accounting policies described in Note 1 to the financial statements, so as to present a view which is consistent with our understanding of the committee's financial position and performance as represented by the results of its operations. These policies do not require the application of all Accounting Standards and other mandatory professional reporting requirements in Australia.

The audit opinion expressed in this report has been formed on the above basis.

Qualification

As is common for organisations of this type, it is not practicable for the Club to maintain an effective system of internal control over donations and other funds raising activities until their initial entry in the accounting records. Accordingly, my audit in relation to fund raising was limited to amounts recorded.

Qualified Audit Opinion

In my opinion, except for the effects of such adjustments, if any, as might have been determined to be necessary had the limitation discussed in the qualification paragraph not existed, the financial report of Hawthorn Citizens Youth Club Inc presents fairly with applicable Accounting Standards and the accounting policies described in Note 1 of the financial statements, the financial position the Club at 30th June 2023 and the results of the operations for the 2023 financial year.

64 Jolimont Street

East Melbourne Vic 3002

D G CAMERON

CHARTERED ACCOUNTANT

HAWTHORN COMMUNITY & YOUTH CLUB Inc.

STATEMENT BY MEMBERS OF THE COMMITTEE

The committee of the club declares that the club is not reporting entity.

The committee has determined that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

The committee of the club declares that:

1. The financial statements and notes, as set out on pages 1 to 5, present fairly the club's financial position as at 30th June 2023 and of the performance for the financial year ended on that date of the club in accordance with the accounting policies outlined in Note 1 to the financial statements.
2. In the committees' opinion, there are reasonable grounds to believe that the club will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the committee and is signed for and on behalf of the committee of members by:-.

.....
Mrs Rebecca Mitchell
President

.....
Katherine Weatherhead
Hon. Treasurer

Dated this

BADMINTON REPORT

OVERVIEW

Hawthorn Badminton Club has over the years provided a home for badminton for adults and juniors in the inner east of Melbourne promoting physical, mental and a community for badminton enthusiasts. Through weekly activities, participants are provided opportunities to connect with each other while encouraging physical activity among participants.

Through collaborations with City of Boroondara, Badminton Victoria, Study Melbourne and Melbourne-City Badminton, we provide innovative and targeted programs to encourage participation and develop connections with the local community e.g. Boroondara "Move & Connect", Melbourne International Student Badminton "CALD programs", Junior Badminton Programs (8-15 years)

Since 2021, Hawthorn Badminton Club has had to relocate our activities and programs to MSAC, Albert Park from our previous "home" of 9 years at Xavier College. This has seen a demographic shift to players residing mainly in the CBD along with an increase in 'casual' players.

We have been looking for a replacement venue for our badminton activities in the Boroondara area with no success to date. One potential venue identified is Kew Recreation Centre (KRC) currently under construction, for which we have submitted an EOI.

HIGHLIGHTS

Junior Badminton program

Junior Badminton (8-16 years) continues to be well attended. In 2023, we ran 4 terms of Junior Badminton with approximately 30 students attending each term. The program is based at MSAC, Albert Park. A couple of students were sponsored by TeamSports4all.



Adult Social Badminton

Weekly sessions have been well received by participants. These sessions continue to attract players to the CBD area.

Training Programs

In partnership with Melbourne-City Badminton, we provide training programs for players keen on on-going development.

Melbourne International Students Badminton

Melbourne IS Badminton 2023 is in its third year - a collaboration between Melbourne-City Badminton, Study Melbourne and Badminton Victoria. Based at MSAC, this program is very popular and provides a community for many international students in Melbourne.



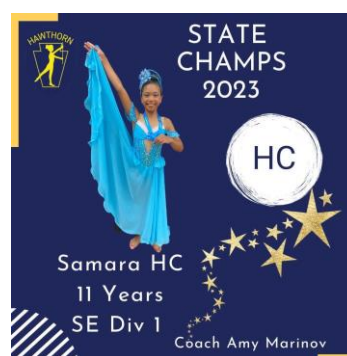
David Wong – Badminton Manager

CALISTHENICS REPORT

The Calisthenics Section is now in its 54th year and still going strong. Whilst our membership still fluctuates, our standard of commitment and passion towards our sport especially at our Club continues to grow through our great coaching leadership and of course our members.

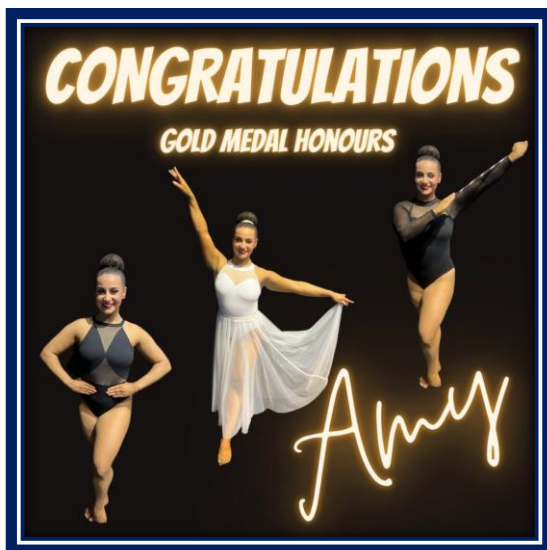
Our summer school was mainly targeted at our younger students this year and it was a great opportunity for new members to try out our sport before they committed to the year ahead, and because of this we found our youngest section (the Tinies) with great numbers for the first time in quite a few years. To date our membership in the 10–16-year-old sections are now dwindling, and this is the area we need to focus on recruitment and retention in the next year.

Our solo season started earlier this year in February, and we had outstanding results as always with all of our members. The State Championships were no exception with our members excelling and all aiming for the final prize of being the State Champion for 2023 and we got one this year with Amy Marinov in the Senior section. We congratulate all our members who competed and commend the below students on their awards at the State Championships.



With our competition season going longer than usual this year, we were unable to participate in the examination season as our coaches simply did not have the time needed to work with our members to achieve great results. But we did have one student who did strive for her final ever examination which is the exclusive Australian Calisthenics Gold Medal Honour Exam. This is the highest level that any participant can achieve in the examination system and this year it was Amy Marinov's goal to achieve this and be Hawthorn's first Gold medal honour member. Amy had to perform in front of a crowd (and of course her examiner) at the Besen Centre and present 3 routines which had to be close to perfection, and that it was as Amy not only received her gold medal with honours but she received honours with distinction.

Success for Amy did not stop here... earlier this year she was selected to represent Victoria at the National Championships Calisthenics where the Amy and her Senior team won the championships for Victoria. Amy was also one of 3 members selected to represent Victoria to perform her solo in a field of 25 of Australia's best Calisthenics members and she topped of a competition placing 5th overall in the Senior solo section, and the only Victorian to make the podium.



Our competition season commenced in July and our teams were certainly up for a challenging year due to so much success in 2022 which promoted our teams to higher divisions in 2023. Our overall tally for the year is:

Tinies Runners Up at the Victorian State Championships

Tinies Runners Up at Ringwood

Tinies Runners Up at Longbeach

Subbies Winners at the Victorian State Championships (for the second year in a row)

Subbies Winners at Waverley

Juniors Runners Up at Ballarat

Seniors Runners Up at Longbeach

Competition Results

**SUBBIES
STATE CHAMPS**

- MARCH 1st
- CLUBS 1st
- FREE ARM 2nd
- RODS 2nd
- AESTHETICS 1st
- SONG & DANCE 1st




Competition Results

**TINIES
STATE CHAMPS**

- FREE ARM DIV 1 1st
- FREE ARM DIV 2 3rd
- RODS DIV 1 1st
- RODS DIV 2 3rd
- AESTHETICS HM
- SONG & DANCE 2nd




Our amazing results from our Subbies who are the State Champions and our Tinies who were runners up at the State Championships.

Fundraising has become more of a challenge each year with fewer families wanting or able to commit to fundraising goals, but we have been able to host a few sausage sizzles at Bunnings throughout the year and have one more to go, and thanks must be given to Kathleen, Bec and Mel & Ryan who greatly assist me at all the events we host.

Our coaching team is very committed to child safety again this year and will continue to do so by enrolling in as many courses as we can to ensure that our members feel safe and welcome in our classes. We ensure that we meet every standard of the new child safety modules and work closely with VicSport.

With our end of year concert still to go, plans for 2024 are well on the way with solo season having already started – we simply are a sport that never stops!! We look forward to our end of year concert on the 18th of November and hope that all our members enjoy this very special event.

We sincerely thank the volunteer work of our coaching team Iolanda Coffa, Amy Marinov, Sarah Halbisch and Rebecca Mitchell and thank them for their commitment toward the Hawthorn Calisthenics. We thank our parents and caregivers and members of the Club for their ongoing support and commitment to our Club. We also thank the HCYC committee of management for their support and assistance throughout 2023 and we look forward to another great year in 2024.

Iolanda Coffa – Calisthenics Manager

CHINESE DANCE REPORT

With 2022 behind us, we had a full and purposeful year. We had seven boys join our ranks, but three left us within the second term. The remaining four are doing well, both with skills and dance. Our skills teacher unfortunately became sick and was obliged to return to China. However, we were pleased to find a circus skills teacher, and has proved to be very satisfactory.

Our School show in June was a hit, with the audience at about 95% of a 400-seat theatre. The word around is, that we are the Number 1 in the teaching of Chinese dance. Again, we received requests for performances at other venues including the Springvale Town Hall, which is not the best venue, with 40 tables and ten people to each table busy talking.

We have had to re-arrange our classes in the hall to give the boys separate time with both the skills and dance teachers.

Covid caught us twice, particularly with teachers, but the so called third wave has not affected us.

The number of students has dropped somewhat, in the main because exercising does involve the need to have the body flexible, and it is usually hard work, as some other of the club's activities know.



Michael Silverstone – Chinese Dance Manager

CONTEMPORARY DANCE REPORT

As we look back on the year 2023, we are grateful to say that it has been a much more enjoyable year for the Contemporary Dance Section. Despite the challenges of the pandemic, we have returned to our pre-Covid standards and introduced new activities for our students. We feel that we have truly come full circle and are back on track for a promising future.

Return to Normalcy

One of the highlights of this year has been the return to our normal timetable, offering a wide range of dance styles including contemporary, ballet, hip hop, and stretch and strengthen classes. While we are proud of all the styles we offer, contemporary dance remains our strongest suit. We are delighted to see our students' exponential growth in their dancing abilities and their enthusiasm for returning to a traditional classroom structure.

Challenges and Growth

While our ballet exam results have not reached the same levels as pre-Covid, we are still pleased with the progress our students have made and their overall satisfaction with the classes we offer. Our retention rates are impressive, and it is heart-warming to see over 15 of our students, who are now in university, still attending classes multiple times a week. We believe that this speaks to the strong sense of community and enjoyment our club fosters. Students, now in university, still actively participating in our dance classes.

Dedicated Coaches

None of our successes would have been possible without the dedication and hard work of our coaches Ezlimar Dortolina, Alarni Morgan, Alana Edis, Ella Flower, Gal Tidhar, Madeleine Brown, and our very own Katherine Weatherhead. It is a testament to the club's commitment to development and growth that four of our coaches have been with us since they were 3 or 4 years old.

New Programs and Opportunities

In addition to our regular classes, we are excited about the new opportunities and programs we have introduced in 2023. Our DanceStep Leadership Program, which offers credits for several Cert 3 and Cert 4 dance qualifications, was a huge success with 10 participants. We also revived our Shadow Cut Youth Dance Company, a group of talented teenage and adult dancers who performed a choreographic masterpiece called 'Spherica' at the Hawthorn Arts Centre in September. We hope to expand this program further in 2024. This will be made possible if we are successful in receiving a Community Strengthening Grant through Boroondara Council.

Return to Performances

2023 marked our much-awaited return to the stage with a production of 'Sky and Distortion' at the Alexander Theatre in December. The feedback from the audience was overwhelming, and it was an incredible feeling to be back performing again after such a long hiatus. We also held our first mid-year show at The Space SkyDeck in June, which received rave reviews from the audience, they enjoyed being up close to the performers. We look forward to bringing more performances, both on and off stage, in 2024.

2023 Goals: Reflection and Future Plans

Reintroducing 'Stretch and Strengthen' Program

One of our main goals was to reintroduce the 'Stretch and Strengthen' program, which had been put on hold for a while. We are proud to say that we were able to bring it back successfully. This program has had a very positive outcome, with many students reporting improved flexibility and strength. We will continue to offer this program in the future to help our students improve their technique and prevent injuries.

Further Developing Our Curriculum

In addition to the 'Stretch and Strengthen' program, we also focused on further developing our curriculum in Little Stars, Contemporary, and Hip Hop. We have introduced new techniques, choreography, and music to keep our classes engaging and challenging for our students. We will continue to work on our curriculum to ensure it is up-to-date and meets the needs of our diverse student base.

Encouraging Male Participation

We have always encouraged male participation in our dance classes, but we wanted to put a stronger emphasis on this goal in 2023. Unfortunately, we still face challenges in this area, but we will not give up. We will continue to promote dance as a gender-neutral activity and work towards creating a more inclusive environment for all students.

Focusing on Students with Disabilities

Another important aspect of our 2023 goals was to place emphasis on students who have a disability. We wanted to further develop programs that cater to their needs and make dancing accessible to them. We are proud to say that we were able to achieve this goal and have seen a positive impact on our students. We will continue to work towards providing equal opportunities for all dancers, regardless of their abilities.

Bringing Back Performance Opportunities

We understand the importance of performance opportunities for our students' growth and development. We levelled up our Mid-Year Performance in 2023 and Shadow Cut's Youth Dance Show also was incredible performance opportunity for our members.

Growing Our DanceStep Leadership Program

Our DanceStep Leadership Program has been a huge success, and we are thrilled to see our students taking on leadership roles within the dance community. In 2023, we continued to grow this program and saw even more students stepping up as role models and mentors for the younger students. We will continue to nurture future leaders through this program and empower our students to be confident, responsible, and compassionate individuals.

Goals for 2024

As we reflect on our successes and challenges in 2023, we have set new goals for the future that we hope to achieve with the support of our dedicated coaches and community. These include further developing our Stretch and Strengthen program, improving our ballet results, expanding our classes to accommodate waiting lists, and supporting the growth of Shadow Cut Youth Dance Company. We also aim to increase participation in our 3- and 4-year-old classes and provide more opportunities for talented young coaches.

Conclusion

As we look towards 2024, we are filled with hope and excitement for what's to come. We are grateful for the support of Hawthorn Community and Youth Club, and we thank the committee of management and managers for their commitment to keeping our club alive. May 2024 be a year of growth, joy, and above all, enjoyment in dance.

Katherine Weatherhead – Contemporary Dance Manager

JUDO REPORT

The Judo Section of the Hawthorn Community and Youth Club has had a very successful year. We continue to train every Wednesday night.

JVI Competitions

In 2022-23 we have had four of our members compete in the JVI Competitions which is double compared to last year. Rodney and I have had the opportunity to judge Kata, run Kata Seminars as well as referee at all the JVI Competitions. We also were Kata Judges at the Nationals.



The winners at the JVI Competitions have been:

	GOLD	SILVER	BRONZE
Joseph	3	1	
Emma	1	2	1
Ralph		3	2
Neesha			1



We have held two competitions within the club: The End-of-Year Competition in 2022 and the Mid-Year Competition in June 2023.

Hawthorn Judo Club's End of Year Competition: Dec '22



1. Mia 2. Audrey 3. Kelly & Ai



1. Chev 2. Madi 3. Ava & Tasha



1. Chase 2. Aiden 3. Aca

1. David, Alessio & Grace 2. Jack



1. Thiago 2. Ralph



1. Ella 2. Stella





2022 Medalists



2022 Junior & Senior Class

Mid-Year Competition at Hawthorn June '23:



**1. 1st: Audrey, 2nd: Ai,
3rd: Henri & Madi**



**2. 1st Chev, 2nd: Parker & Mia
3rd: Ava & Scarlett**



**3. 1st Aiden, 2nd Elizabeth,
3rd: Wilbur**



**4. 1st Peninah, 2nd Grace
3rd: Genevieve**



**5. 1st: Stella, 2nd: Neesha,
3rd: Ava**



**Mid-Year Group:
Hawthorn Judo Club**

We have had an impact in Kata. Rod and I are both on the JVI Kata Commission. Part of our responsibility is to run Kata Seminars. We have run four seminars since June '23. Two of our members have joined us on these seminars.



Jan, from the Boroondara Australia Day Committee presented this year's medals to Emma and Stella. They have both worked hard at improving their judo skills over the last year.

The children have worked hard to pass their next grading. Since July 2022, two gradings have been held. The following tables indicate the number of successful members.

Under 15:

White/Yellow with Black Tips	1	Orange with Black Tips	3
Yellow	3	Orange/Green	1
Yellow with Black Tips	5	Orange/Green with Black Tips	1
Yellow/Orange	6	Green	1
Yellow/Orange with Black Tips	2	Green with Black Tips	1
Orange	1	Green/Blue	1

Over 15: **Yellow** **Orange** **Green** **Blue** **Brown** **Black**

2

Special thanks must be given to Rod Cox, Jack Waldron and Mark Switkowski who helped greatly in making Hawthorn such a successful club.

We are all looking forward to another great year next year.

Michelle Matthews – Judo Manager

MIND OVER MATTRESS REPORT

MindOverMattress (MOM) is a women's fitness program. We meet every Friday at 9-30am for one hour. The age range of the women is between 70 years to 85 years. Currently we have 8 participants, and their attendance is pretty consistent although in the winter months attendance can drop due to cold weather and trips overseas or to warmer Australian states.

Other inconsistent attendance is due to illnesses. We currently have a woman who is a very regular attendee, in hospital having undergone serious surgery.

Ailments are wide ranging mainly to do with shoulder injuries and hip and knee problems. Arthritis, hearing, and stiffness are common complaints.

Exercises are increasingly needing to be more flexible than before and so, are delivered in each session in 'stages' or 'levels' to accommodate everyone.

Getting down and up off the mat is a problem for several women. It's important that these kinds of difficult exercises are addressed because we want to be able to maintain something that's valuable to us- something we enjoy. The down and up off the mat is now days a regular exercise in its own rite.

Maintaining everyone's interests is important, hence each session is different from the previous week. Likewise, equipment is varied each week.

The same muscle groups can still be focused upon using a variety of equipment. Every fortnight we include the large Swiss ball in the session. The woman bring their own ball. A wide range of exercises can be done with the ball and it's great for posture, aerobic bouncing, supine back stretching, strength, and balance.

Our group is inclusive and friendly. Women are welcome to come for a free session to see if this kind of class is going to be useful. Our group is diverse in our views of the world

and somehow, we seem to have a strong connection and sense of respect in relation to differences in backgrounds, cultures and persuasions.

Being part of this program has been very helpful for me. I never wanted to be an authoritarian trainer and having been a teacher in schools and adult learning facilities for many years I carried a bit of that with me. Working with a small adult group has allowed me to be the trainer but on an equal footing with the group. The women are forthright in a very constructive way in suggesting new exercises. However, too much talking and eating at the start of the class requires a bit of that 'old teacher'.

Lastly working with lolanda and Katherine and the other members of the HCYC committee has been a very good experience. The meetings are very well run, and each member is respected and heard when bringing up suggestions and ideas in meetings. Everything is followed through, or actions taken are grounded and clear, and the new Ballet Barre is terrific!!

WEIGHTLIFTING REPORT

Weightlifting and weight training by its very nature facilitates and promotes health and wellbeing. Safety is of paramount importance and the activity has changed emphasis since COVID from strictly Olympic Weightlifting to a community service club promoting a sense of belonging.

The Section is open to all ages seeking to improve their quality of life and mixing in the social activities as well as participating in the sport of Weightlifting. The Section is well known for its elite functions providing expert tuition and training by qualified instructors and coaches. The membership is always ready to assist and share in any of the projects organised by the Hawthorn Community and Youth Club.

Since Covid, the Section, as stated earlier, has undergone an immense change by providing equipment suitable for fitness attracting community usage either by membership or casual and is opened during the day. Over \$250,000 of equipment has been installed and such being a sponsorship by Eleiko Weightlifting Equipment-Sweden.

Transforming the Section from purely Olympic Weightlifting to a Community Fitness and Training hub has been an emerging trend of the last 3 years. The transformation is now complete, and we hope that this becomes a new operation with positive outcome.

Male participation and memberships are healthy and on the increase. Female participation is not as high as we would like, but it is slowly increasing.

The new set up is now conducive to daytime usage and we are slowly attracting a number of day users hoping that such become full-time members. The Section has received many compliments mainly concerning the new look and program which has been made possible due to the new lease arrangements agreed between the Victorian Weightlifting Association and the Club and the generous VIK of the ELEIKO Co.

The renovations made to the Weightlifting Centre by the City of Boroondara has generated an immense change in attitude and we are sure in the next few years we will see the benefits.

I would like to congratulate and thank Simon Francazio for his efforts in promoting the Centre and together with his group of volunteers are steering the Section to great heights. He is also the Coach in Residence and producing great results.

Thanks also to the Committee of Management headed by Tony Villanti and Secretary, Sofia Zudova and all members.

I recommend to you to read the following pages which give a resume of the Competitions and Championships our members have participated during 2023.

December 2022/January/February/March 2023

HWC CHAMPIONSHIPS 2022

A good roll up of members took part in the Club Championships with winners being:

F55 Gold: Michaela Warwick

F64 Gold: Cassandra Soubra

Silver: Malaikia Jaovisidha

F71 Gold: Lydia McCloskey

F+87 Gold: Eliza Brebner Griffin

M73 Gold: Linh Nguyen

Silver: James Muir

M81 Gold: James Delaney

Silver: Shea Mullis

M89 Gold: Elliot Bollafi

Silver: Hamish Duncan

M96 Gold: Andrew Gornik

M102 Gold: Sean Erb

At the function which followed the following annual awards were presented:

CHAMPION OF CHAMPIONS: James Delaney

ANTONIAN LIFTER OF THE YEAR: Sean Erb

MARJE COFFA LIFTER OF THE YEAR: Michaela Warwick

LIFT OF THE YEAR: Eliza Brebner-Griffen

CLUB MEMBER OF THE YEAR: Simon Grace

AUSTRALIA DAY/COFFA CUP 1

The annual tournament took place on Australia Day with 26 Competitors fighting out.

Outstanding Athletes were:

BEST MALE: Joshua Quinn (HWC)

BEST FEMALE: Michaela Warwick (HWC)

HWC OPEN/COFFA CUP 2

30 Male and Female competitors took part in this event with lots of best results recorded. Outstanding Athletes were:

BEST MALE: James Delaney (HWC)

BEST FEMALE: Eleanor Lamb (HWC)

PACIFIC ELITE INTERNATIONAL WEIGHTLIFTING TOURNAMENT

Sean Erb was invited to compete in this International Event featuring some of the best lifters from the Commonwealth and Oceania. Sean competed for HWC and was the best performing Victorian Male recording:

Snatch 125

Clean & Jerk 167

Total 292

Sinclair: 330.792

Alby Dutton Memorial

During the period past 2 major events have taken place; the Alby Dutton Memorial and the Australian Senior Championships both of which were held at our Centre – Hawthorn.

The Alby Dutton Memorial was held on the 17th of June and attracted 62 athletes from all over Victoria and the standard was exceptionally good.

Hawthorn Members who performed with excellence were:

Women 64kg Category: Lydia McClosky 157kg Total	Third Place
Women 71Kg Category: Jessica Dudgeon 148kg Total	Third Place
Women 76Kg Category: Kiera Bullus 187Kg Total	First Place
Women +87Kg Category: Eliza-Brabner Griffin 187Kg Total	First Place
Men 73Kg Category: James Delaney 245Kg Total	First Place
Men 73Kg Category: Tim Fitzpatrick 227Kg Total	Third Place

National Championships were held over 3 days, 4,5,6 August with all States and Territories participating. A Championship of outstanding quality saw some excellent performances and contests.

Hawthorn Members who excelled by doing their best Totals and tried hard were:

Women 64Kg Category: Lydia McClosky	Did not Place.
Women 76Kg Category: Teagan Newman	Silver Medal
Men 67Kg Category: Linh Nguyen	Bronze Medal
Men 73Kg Category: James Delaney (Best ever Total)	Gold Medal
Men 96Kg Category: Sean Erb (Best ever Total)	Silver Medal
Men 102Kg Category: George Weston	Did not Place.

Best performance by a Woman: Eileen Cikamatana (VIC)

Best performance by a Men: Oliver Saxton (WA)

Best Women Team: Victoria 246 points to Queensland 227 points

Best Men Team: Queensland 244 points to Victoria 233 points

Victorian Championships were held at the rejuvenated Victorian Weightlifting Centre with many entries registered. Hawthorn members, who were in limited numbers, lifted well and achieved the following results:

Women 71Kg Category:	Malaika Jaovisidha	Bronze Medal
Women 87+ Kg Category:	Eliza-Brebner Griffin	Gold Medal
Men 73Kg Category:	James Delaney	Gold Medal
Men 73Kg Category:	Tim Fitzpatrick	Silver Medal
Men 96Kg Category:	Jale Le Cerf	Bronze Medal
Me 102Kg Category:	Sean Erb	Gold Medal

James Delaney was credited with the Best Male Award with total point of 354.974



The Centre in competition mode

Sam Coffa AM JP – Weightlifting Manager

COMMITTEE OF MANAGEMENT

PRESIDENT	Mrs. Rebecca Mitchell
VICE PRESIDENT	Mr Sam Coffa
FIRST VICE PRESIDENT	Miss Amy Marinov
HONORARY SECRETARY	Ms Iolanda Coffa
HONORARY TREASURER	Ms Katherine Weatherhead
COMMITTEE MEMBERS	Ms Kathleen Corless Mr. Graeme Harper Ms Lisa Kendall Mrs Michelle Matthews Mr. Michael Silverstone Ms Victoria Villanti Mr. Tony Villanti Mr. David Wong
GENERAL MANAGER	Mr. Sam Coffa AM JP

